

Stop!

Answer Key:

- 1. perspective
- 2. perfection
- 3. preserve

Focus on God!

- 1. You
 - stop
- 2. Ask
 - you
- 3. Limits
 - pace
- 4. Love
 - endure
 - good
- 5. Review
 - recharge
- 6. Eternality
 - perspective

Encourage

Part 6

RUN!

2 Corinthians 4:8-10 NLT

"We are pressed on every side by troubles, but we are not crushed. We are perplexed, but not driven to despair. We are hunted down, but never abandoned by God. We get knocked down, but we are not destroyed. Through suffering, our bodies continue to share in the death of Jesus so that the life of Jesus may also be seen in our bodies."

Introductory Statement

Could this be you?

I felt like a failure in the game of life. The combination of all these struggles left me feeling like I wanted to quit. A few days passed, and a new storm took place... an accident, cancer and death. I felt pain and didn't know if I could go on.

1 Corinthians 15:57 NIV

"But thanks be to God! He gives us the victory through our Lord Jesus Christ."

Stop!

1. When you feel like you can't go on, remember to keep things in _____!

Jeremiah 29:11 Message

"I know what I'm doing. I have it all planned out—plans to take care of you, not abandon you, plans to give you the future you hope for."

2. When the desire to quit comes from feelings of failure, you must let go of _____!

Hebrews 7:11 NIV

"If perfection could have been attained through the Levitical priesthood—and indeed the law given to the people established that priesthood—why was there still need for another priest to come, one in the order of Melchizedek, not in the order of Aaron?"

3. When we want to quit (regardless of the reason) we must _____!

Hebrews 10:36 NIV

"You need to persevere so that when you have done the will of God, you will receive what he has promised."

Paul says, "I know pressure. I've been hard pressed. I've been perplexed. I've been persecuted. I've been struck down. I've often been in situations that were impossible, hopeless. I just kept on going. Even when I didn't feel like it, I just kept on going."

Focus on God!

Psalms 30:4 GNT

"...Remember what the Holy One has done and give him thanks!"

1. God loves _____, no matter what!

2 Corinthians 4:16 NIV

"Therefore, we do not lose heart. Though outwardly we are wasting away, yet inwardly we are being renewed day by day.

- There is nothing you can do that will make God _____ loving you.

Romans 8:38-39 NIV

"For I am convinced that neither death nor life, neither angels nor demons, neither the present nor the future, nor any powers, neither height nor depth, nor anything else in all creation, will be able to separate us from the love of God that is in Christ Jesus our Lord."

Daniel 10:19 GNT

"God loves you, so don't let anything worry you or frighten you."

2. _____ yourself "Why do I do what I do?"

2 Corinthians 4: 5 Living Bible

***"We don't go around preaching about ourselves but about Christ
Jesus as Lord..."***

•Ask yourself "Who are _____ doing this for?"

2 Corinthians 11: 23-29 NIV

"Are they servants of Christ? (I am out of my mind to talk like this.) I am more. I have worked much harder, been in prison more frequently, been flogged more severely, and been exposed to death again and again. Five times I received from the Jews the forty lashes minus one. Three times I was beaten with rods, once I was pelted with stones, three times I was shipwrecked, I spent a night and a day in the open sea, I have been constantly on the move. I have been in danger from rivers, in danger from bandits, in danger from my fellow Jews, in danger from Gentiles; in danger in the city, in danger in the country, in danger at sea; and in danger from false believers. I have labored and toiled and have often gone without sleep; I have known hunger and thirst and have often gone without food; I have been cold and naked. Besides everything else, I face daily the pressure of my concern for all the churches. Who is weak, and I do not feel weak? Who is led into sin, and I do not inwardly burn?"

What are you passion about?

3. You must remember you have _____!

Mark 4:26-28 Message

"Then Jesus said, "God's kingdom is like seed thrown on a field by a man who then goes to bed and forgets about it. The seed sprouts and grows—he has no idea how it happens. The earth does it all without his help: first a green stem of grass, then a bud, then the ripened grain. When the grain is fully formed, he reaps—harvest time!"

- You must learn to _____ yourself!

Exodus 23:29-30 NKJV

"I will not drive them out from before you in one year, lest the land become desolate and the beasts of the field become too numerous for you. Little by little I will drive them out from before you, until you have increased, and you inherit the land."

Accept your limitations!

4. _____ other people no matter what!

1 John 4:11 NIV

"Dear friends, since God so loved us, we also ought to love one another."

- If you don't love people you will not _____ in Christian service.

1 Corinthians 13: 7 NLT

"Love never gives up, never loses faith, is always hopeful, and endures through every circumstance."

- Always do _____!

Galatians 6:9 NLT

"So, let's not get tired of doing what is good."

5. _____ what you are doing in your
"quiet time."

Mark 1:35 NASB

"In the early morning, while it was still dark, Jesus got up, left the house, and went away to a secluded place, and was praying there."

•Everybody needs to be _____!

Proverbs 17:22 NIV

"A cheerful heart is good medicine, but a crushed spirit dries up the bones."

**God meant for you to enjoy your life,
not just endure it.**

Three things to do!

•***Rise Early***

•***Pick Your Spot***

•***Spend Time with God***

Set your alarm to get up just 15 minutes earlier and ask God to meet with You. Ask Him to speak to you through His Word and tell Him what is on your heart. He cannot wait to spend time with you!

6. Stay focus on the goal, _____.

2 Corinthians 4:17-18 GWT

"Our suffering is light and temporary and is producing for us an eternal glory that is greater than anything we can imagine. We don't look for things that can be seen but for things that can't be seen. Things that can be seen are only temporary. But things that can't be seen last forever."

• The key to persistence is your _____.

Psalm 63:1-3 NLT

"O God, you are my God; I earnestly search for you. My soul thirsts for you; my whole body longs for you in this parched and weary land where there is no water. I have seen you in the sanctuary and beheld your power and glory. Your unfailing love is better than life itself; how I praise you!"